Creatively style and dress hair

Learning outcome 2

1. **Explain responsibilities for health and safety in own.**

* Employees and self employed have important responsibilities too
* it is an employees duty to protect the health safety and welfare of their employees and the other people who might be affected by their businesses employer must do whatever is reasonably practicable to achieve this.
* employers have duties under health and safety law to access risk in the workplace risk assessment should be carried out that address will risk that might cause harm in your workplace
* employers must give you information about the risk in your workplace and how you are written also struck and trained you on how to deal with the risk
* For more details on the basic of what employers must do to make their business complete with health and safety low in low risk business HSE has produced booklet "Health and safety made simple".

1. **Describe the potential hazards and possible risk that may occur in the workplace and effect services?**

* Hazards :
* Meaning of the word hazard can be confusing orphan dictionaries do not give specific definition and combine it with the term rest for example one dictionary define hazard as a damage or risk which help explain why many people use the term interchangeably
* Hazard is an any source or potential damage harm or adverse health effect on something or someone
* The CSAZ1002 standards "occupational health and safety" hazard identify and elevations and risk assessment and control use the following terms
* Harm :- physical injury or damage to health
* Hazard :-A potential source of harm to a worker
* Risk :-
* Risk is the chance or probability that a person will be harm or experience and adverse health effect if exposed to a hazard it may also apply to situation with property e aur equipment loss or harmful effects on the environment
* Risk :- the combination of the like food of the occurrence of a harm and the severity of that harms.
* Likelihood The chance of something happening

**c) Describe safe and hygienic working methods and practices that must be followed throughout the services.**

* **Safe and hygienic working practices:** Preparingservices areas and equipment. Keep area tidy and free from hazards. clears privileges immediately check electrical equipments is turned on and share crockery and cutlery clean use clean clothes maintain good personal hygiene for example clean uniform wash regularly long hair tied back minimum jewellery**.**

**d) Describe contact dermatitis and how it can be prevented.**

* 3 types of dermatitis are easier to prevented than others allergic and irritant contact dermatitis can be prevented by avoiding skin contact with the agent that force the dermatitis however it if you can if you come into contact with an irritant such as poison immediately wash the exposed skin with soap and water as soon as possible.
* Wear loose fitting natural fiber clothing untreated cotton is ideal.
* Avoid planted jewellery especially in your ears to prevented neck let related rashes.
* Surgical steel or 14 karat gold earrings posts are safer choices.
* Take warm not hot bath or shower and use mild soaps.
* Lubricate your skin after a bath and several times during the day when possible using and lotion cream.

**e)Explain the importance of questioning clients to end during services.**

* Think again : however it is legal requirement to carry out consultation before every treatment given for regular clients.
* Failure to do so can result in a lawsuit and invalidate your insurance if something goes wrong such as an adverse reaction cross infection or infection.
* It may seem like an inconvenience but an initial consultation should take 10 to 15 minutes and most Salons allows for this so why not use that time to benefit from this opportunity.
* Providing negative consequences talking to your client puts them at case give them confidence that they are in capable hands and said that right tone for the salon.
* Smile and address her by name of a client to take her out and hang up before showing her to your workstation. If possible pull up a chair beside her and maintain eye contact while carrying out the consultation.
* This will help her to relax and create trust as it shows that you are listening and interested is what she has to say.
* **TESTING:** Next any necessary test and their results need to be discussed. If you are coloring or lighting the clients hair you should carry out test which will help you to determine which product or to use have to apply them and how long they will need to be developed a skin test will check for any allergic reaction to the product you are planning to use make sure that you follow the manufacture of instruction and if there is a positive reaction of where the skin is red.
* Each and solid that do not process and encourage the client to sick medical attention.

**f)Explain the importance of preventing cross infection and infection.**

* Cross infection across infection is the transfer of harmful micro organism usually bacteria in between people pieces of equipment or within the body please infection can cause many complexion medical progress 7th work hard to ensure equipment safety and a clean environment.
* CAUSES of cross infection cross infection can be caused by bacteria fungi parasites and Virus

**Learning outcome 3**

1. **Explain the factors that may influence services provided.**

* Customer service performance is a key business object that boil down to making customers happy but the makes customer service at the end you will find the full list of customer service performance metrics.
* Literature shows that when employee deliver high-quality service their customers are
* Happier
* More likely to give higher rating
* Report higher satisfaction
* Visit a store more often
* And buy more product
* Individual factor that influence customer service performance :-
* let's first look at the factors that helps in individual employee provide better customer service
* customer experience is formed by the unique interaction between customer and employer employee tried to accommodate a customer every wish because they know that when a customer

**b)Describe ways of dealing with any influencing factors.**

* **Factors of influence: -** Washing and styling can nourish hair and scalp but they can also damage them.
* Washing your hair frequently can cause your scalp dry out and lead to irritation, especially if the water is too hot ,your shampoo is too aggressive or you use alcohol conditioning hair lotion, styling gels that attack skin and hair.
* Water temperature should be no higher than 35 degree Celsius while shampoo generally only need to be applied once and should to be washed out throughout after being given a few

**c)Describe the potential consequences of excessive tension on the hair and scalp.**

* tension how tight the hair is pulled be careful not to pull too much when attaching hair or damage may occur that could result in hair breakage or even traction alopecia send hair loss due to excessive tension on the hair and scalp
* Useful words
* Sometimes that you will come across in the unit are explained below
* Aftercare advice :-Giving the client tips on how to maintain their hair style and hair condition if the client is going to remove his or her on added here you will need to advise him or her on how to do this safely
* Aftercare product :- products such as lotion spray and serum that are used to help maintain a style
* Cornrows :- sometime called cornrows this that can be positively sectioned to go in multiple direction
* Gel :- hold hair in place when plaiting and Christian can help the stylist achieve a neat professional finish
* Serum :- a product used to add sine and moisture to the hair it can be used during or after plating or twisting
* Spray :- helps hold hair stay neatly in place when lifting and twisting Moisture rising spray can be used on the scalp to prevent it from drying out
* Tension :- how to tight the hair is pulled be careful not to pull too much when attaching hair for damage may occur could result in hair breakage or even traction alopecia

Learning outcome 4

1. **Explain the effect of humidity on hair.**

* Humid air cause hydrogen bonds to form between water molecules and the proteins in your hair triggering curls and freeze hairs chemical structure it turns out makes it usually suspend to change in the amount of hydrogen present in the air which is directly linked to humidity
* If you have long hair you probably don't need to look up weather report to get an idea of how much humidity in the hair you can simply grab fistful of hare and how much it feels human hair is extremely sensitive to you beauty so much that hydrometers use a hair as the measuring must mechanism because it change in length based on the amount of moisture in the air
* Straight hair goes baby of you have curly hair humidity turns it frizzy. Taming the freezing has because a a mega industry with 10 different hair smoothening theorems promising to transform and nourish hair without weighing hair down but just why does not humidity have this strange effect on human hair

1. **Explain the effect of combing and back brushing on the hair structure**

* Potential hair damage because back combing rubs against the scales of the hair in integrity over time is lead to Vicky and breaking it can also cause tangle near the root that are very difficult to remove.
* Back combing also known as teasing is a styling technique which is used to add volume and height to the hair backcombing can be performed with a variety of tools most often used to back comb the hair . Backcombing is judgmental styling skill which is used in a variety of styles and is strictly important for formal undoes and French twist.
* In order to remove back combing from the hair while minimizing damage it is important to brush out the teasing while the hair is dry once the hair is wet the cushioned base of.
* Backcombed hair open after turn into one gigantic tangle. To remove back combing use paddle brush and gently brush from the scalp to the ends of the hair when a tangle is encountered insert the tail end of a tail comb into the tangle and centrally attempt to loosen the snarl misting the hair with a spray leave in conditioner or detangler is also suggested.

**C) Explain the physical effects of finishing on hair and how they work to maintained the look.**

* Effects of heat and moisture on the physical side of bonds have to be considered when trying to maintain the curl of natural curl hair while drying should also be noted that it can expand the cuticle layer of the hair and speed up the loss of moisture from the hair
* Hair in good condition flexible and elastic hair into curved shapes
* It is stretched outward of the curve and it is flattened the inner side when it is dried in this position curl will be rationed.
* Physical effect of hair:
* Temporary bonds :-
* Everybody has temporary Bond in their hair these are group can every time you wash your hair this bones completely fix back together when there is completely drained and the cold down whilst blow drying to fix the temporary bonds.
* Alpha keratin :- the alpha keratin state is styling the hair as soon any moisture get into the hair it will revert back to its alpha keratin state.
* Beta Keratin :- beta carotene is the state after it has been style this is because the hair structure has been stretched and the temporary hexagon bonds have broken to create the new structure.

**d) Explain the potential effect of using and securing added hair and accessories on the hair structure.**

* The physical changes that take place within the hair structure :
* Alpha keratin is when hair is in its natural shape
* Beta treatment is when hair has been set for blow dried into a new shape
* hair will remain in beta keratin until it is washed for most arise from the hair at text the hair then it will them return to alpha carotene
* poli peptide chain:-
* This is made up of keratin
* The keratin is a combination of
* Carbon
* Hydrogen
* Oxygen
* Sulphur
* Nitrogen.
* Hydrogen bonds : these are temporary broken during the settling for blow drying process
* Wet Settling:-
* Shampoo to ensure it rewards back to its original state as the hydrogen bond will break when water enter the cortex
* during the setting for blow drying process air is changed to beta carotene and real state is wait until it is shampooed again or until attached by moisture from a humid environment.
* Dry settling :-
* You would not shampoo hair before it dries set and the bonds are not easily broken
* by applying styling products in conjunction with heat a few bonds will be broken and give a much safer curl
* Humidity :-this is moisture in the air and hair has the ability to absorb moisture .in a very humid environment this would attack a hairstyle and it would lose its shape due to the hair shaft swelling taking the hair back to alpha keratin.
* Allow hair prior to dressing out:- this allows the hydrogen bond to fix into their new state of beta keratin it will also allow the style to last longer.

**Learning outcome 5**

**a)Explain the importance of preparing hair for styling and dressing**

By the end of this season you will be able to

1. Self assess knowledge against what you need to know

2. Use previous knowledge to state methods of client preparation cleaning and styling

3. Use previous knowledge to state and product used explain different tools equipment and product used to style hair

4. Identify and describe how to recreate styling and dressing techniques

Heated styling equipment:- strainers ,curling tong, heated rollers

1. Prepare the client and work for dressing service

2. Consult with clients to confirm the equipment

3. Evaluate the potential of the hair to achieve the desired look by identifying the influencing factors

4. Position yourself when the client appropriately throughout the service

5. Select and use styling products tools and equipment to achieve the desired look

6. Use working methods that meet salon and legal requirements

7.you styling techniques and dressing effects that take into account the identified factors

8. Control and secure hair effectively during dressing

9. Dress head to the satisfaction of the client

10. Apply finishing products to maintain the style

11. Evaluate the result of the treatment with the client

12 . Follow safe and hygienic working practices

13. Provide suitable after care advice

14.communicate and behave in a professional manner.

Provide client consultation services

**Learning outcome 2**

**a)Outline responsibilities for health and safety in own role**

* All workers are entitled to work in environment where risk to their health and safety are properly controlled. Under health and safety law, primary responsibility for this is down to employers.
* Where employees have a duty to take care of their own health and safety and that of others who may be affected by your action to work workers was corporate with employers and co-workers to help everyone meet their legal requirements.
* As a worker if you have specific queries or concerns related to health and safety in your workplace talk to your employers, manager or superior or health and safety representative

**b) Explain the importance of following current relevant legislation**

* The importance of legislation:-
* You must make sure that the goods comfort to contact this means that they must be as you desired them for instance core must be that extract model that you bye it is of the correct size and with the same number for of previous owner as you tell the customer it has had.
* the good or service is must also be of satisfactory quality quality is a general term which covers a number of matters including fitness for all purpose for which goods of that kind are usually supplied appearance and finish freedom from minor defects safety durability

**c) Describe how to communicate effectively when carrying out consultation services**

* Consultation offers hair dressers much more than simple the opportunity to discover which style the client is hoping to achieve they also offer the change to develop report and offshore customers there in capable hands
* in this Blog the ask team outline some helpful ways to provide communication for or every step of a client salon experience.
* from the moment your client step into the salon communication begins and the correct greeting is essential to help put the customer at is the right tone for their time in your salon will look at some ways to help take your customer from the door and into the salon chair seamlessly.
* Greet the client with a smile and if their name is known introduce yourself.
* If you are not ready to attend to the client immediately acknowledge their presence with node smile inform appropriately how long you maybe and where they can wait